

the bear's song

BY SPIRIT WOMAN & DR. LARALYN RIVERWIND

WE ARE GIFTS FROM THE CREATOR
AND FOR HIM WE SHINE
EACH LIGHT HAS A VOICE AND A SONG
WE'RE MADE TO JOIN OTHERS
AND WITH HOPE INTERTWINE
WITH CALLINGS TO DREAM AND BELONG

WE FORM THREADS IN THE BLANKET
WHICH COVERS US ALL
YET IF WEAK THREADS SHOULD BREAK OR TEAR
WE WILL CROSS OUR HEARTS AS ONE
AND SEND OUT A CALL
TO SING WITH THE STRENGTH OF A BEAR

I WILL NOT END MY LIFE.
I WILL ENDURE. I WILL HOPE.
I WILL DREAM. I WILL THRIVE.

CROSS MY HEART,
HOPE FOR LIFE!

NAME

DATE